TRADE

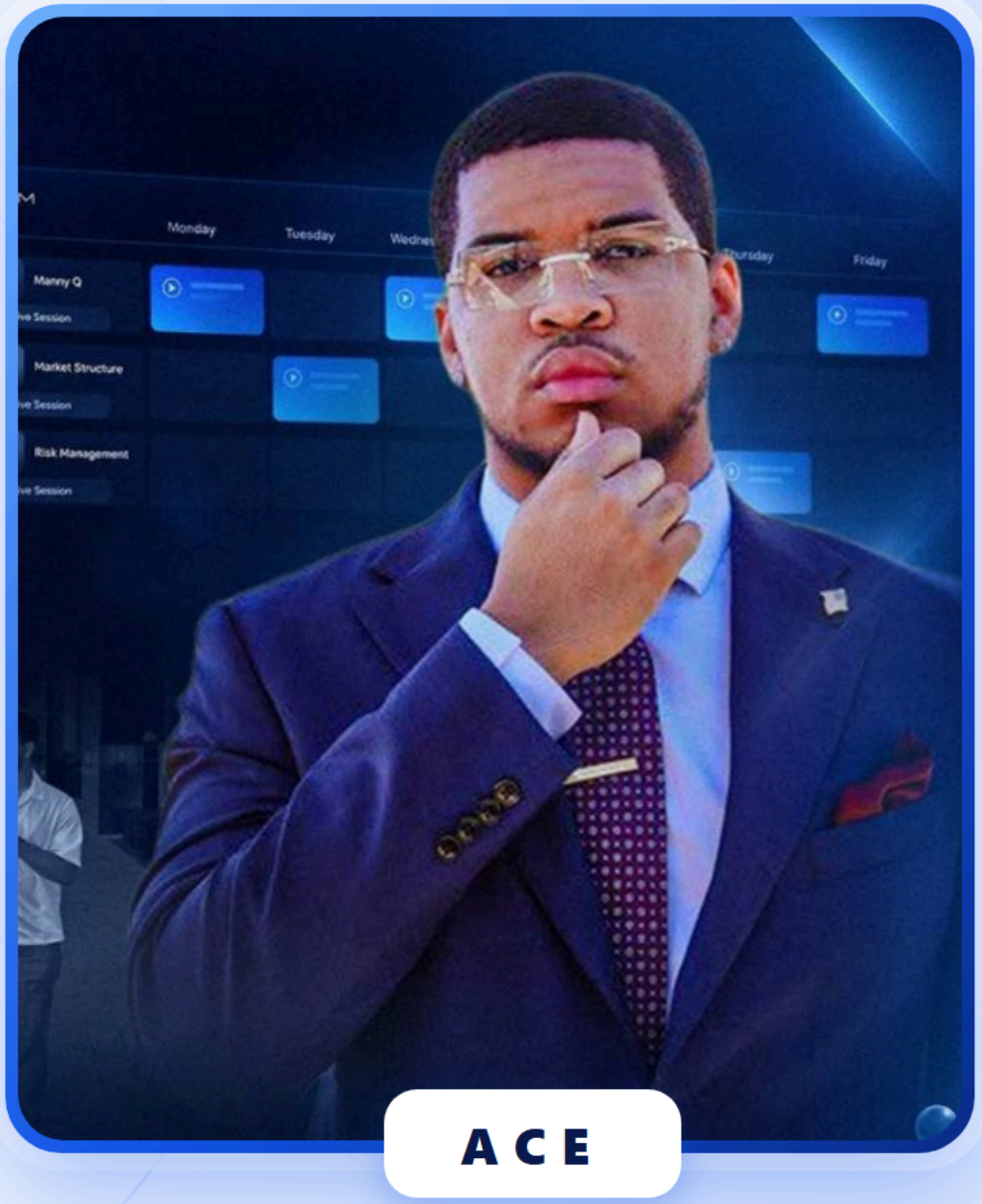
FREEDM

5 STEPS

BANK BREAK BOOTCAMP

— by Ace

Price action. Made simple.



THE GAME PLAN

THE 5 STEPS AT A GLANCE

1

4 HOUR

Pick the direction

Higher highs and higher lows: buys. Lower highs and lower lows: sells. One side only.

2

1 HOUR

Mark the bank levels

Zones at every quarter level: 00, 25, 50, 75. Watch price bounce, break and retest them.

3

1M · 3M · 5M · 15M

Draw the counter trend line

The market trends up the line, tapping it, and the line ends inside your zone.

4

ENTRY 1

The break

After tapping the zone, a strong candle closes through the counter trend line. First entry.

5

ENTRY 2

The retest

Sells form an M, buys form a W. The retest is your second entry.

Examples show sells. For buys, flip everything upside down.

STEP 1 · 4 HOUR TIME FRAME

FIND THE MARKET DIRECTION

Zoom out to the 4 hour. Look for a clean trend, one swing after another in the same direction. Trade only that side.

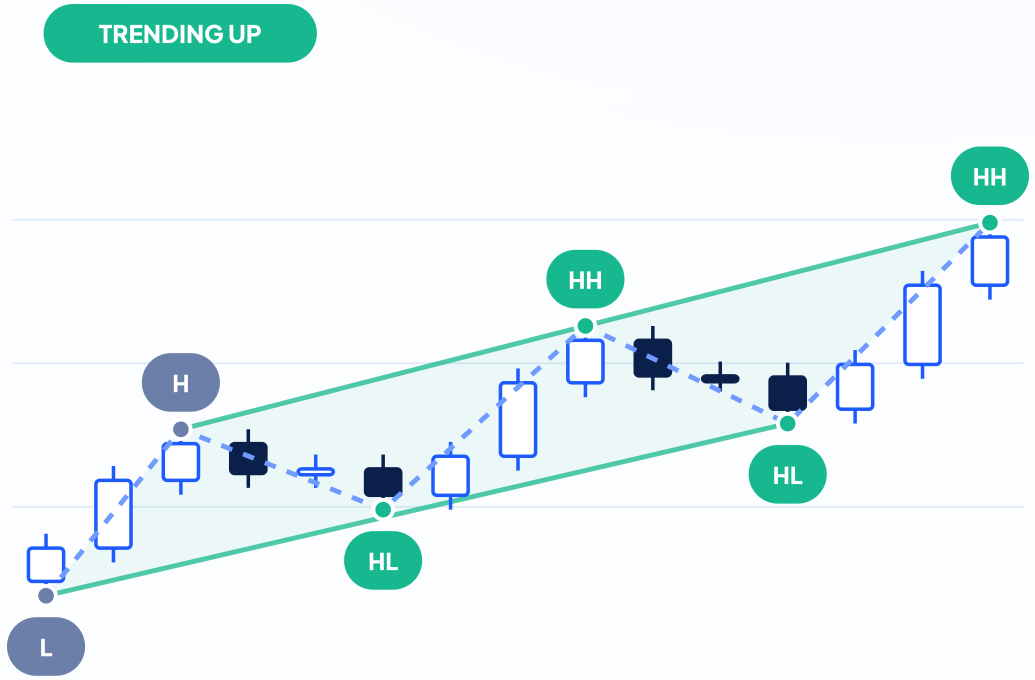
DOWNTREND · SELLS

LOWER HIGHS + LOWER LOWS



UPTREND · BUYS

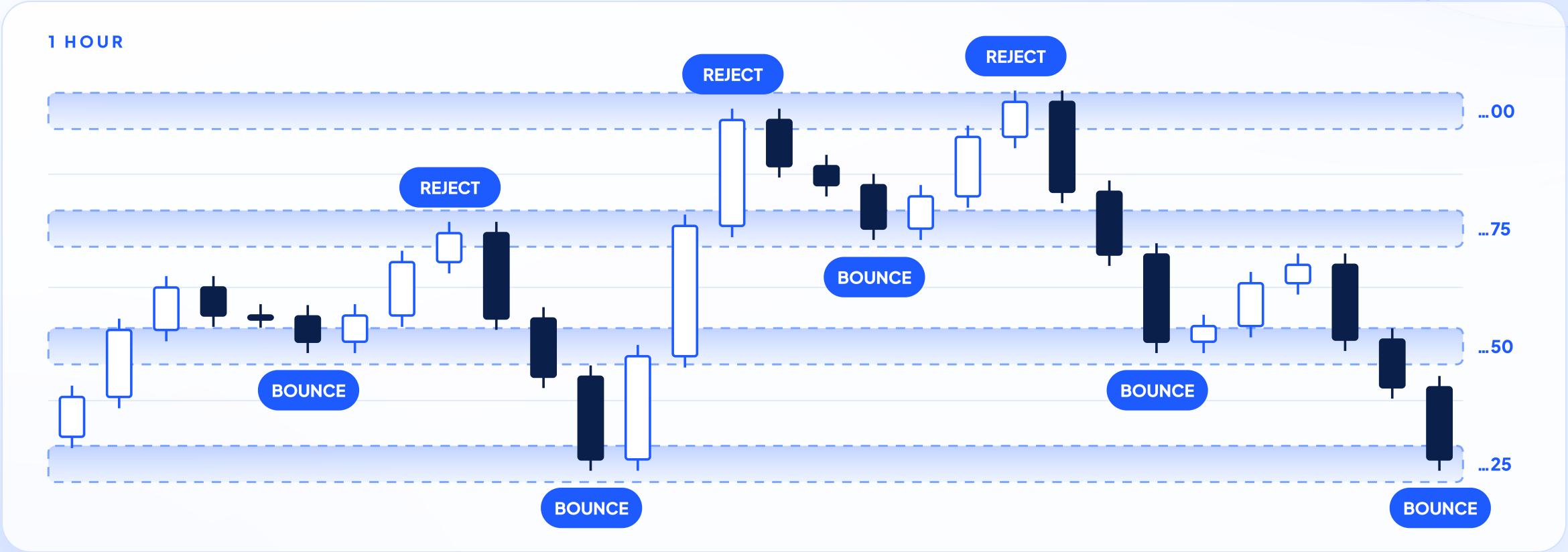
HIGHER HIGHS + HIGHER LOWS



STEP 2 · 1 HOUR TIME FRAME

MARK THE BANK LEVEL ZONES

Bank levels are the quarter levels: ...00, ...25, ...50, ...75. Mark a zone at each one. Price reacts at every zone: it bounces off support and rejects at resistance.

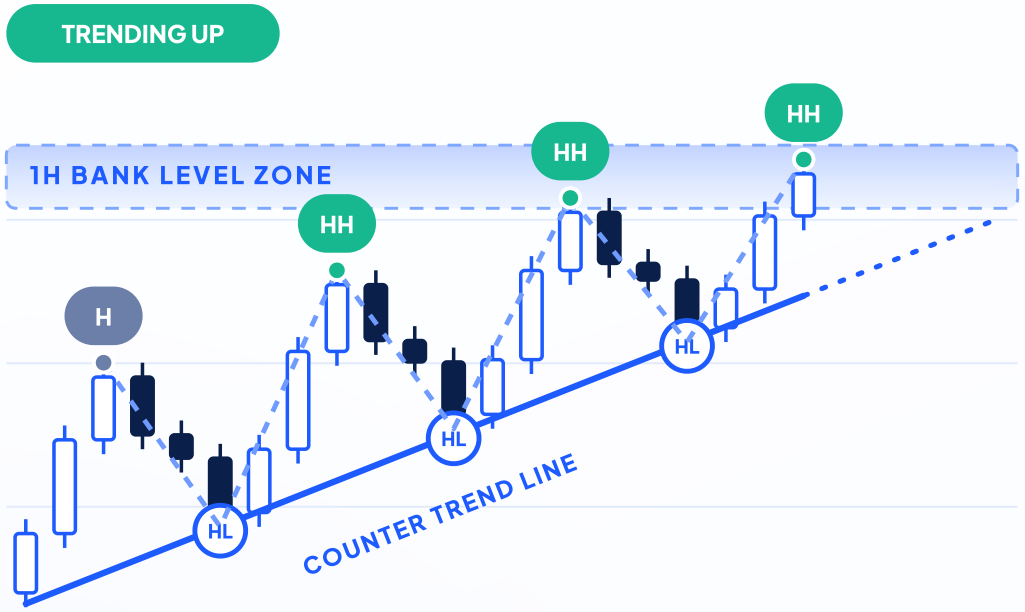


STEP 3 · 1M · 3M · 5M · 15M

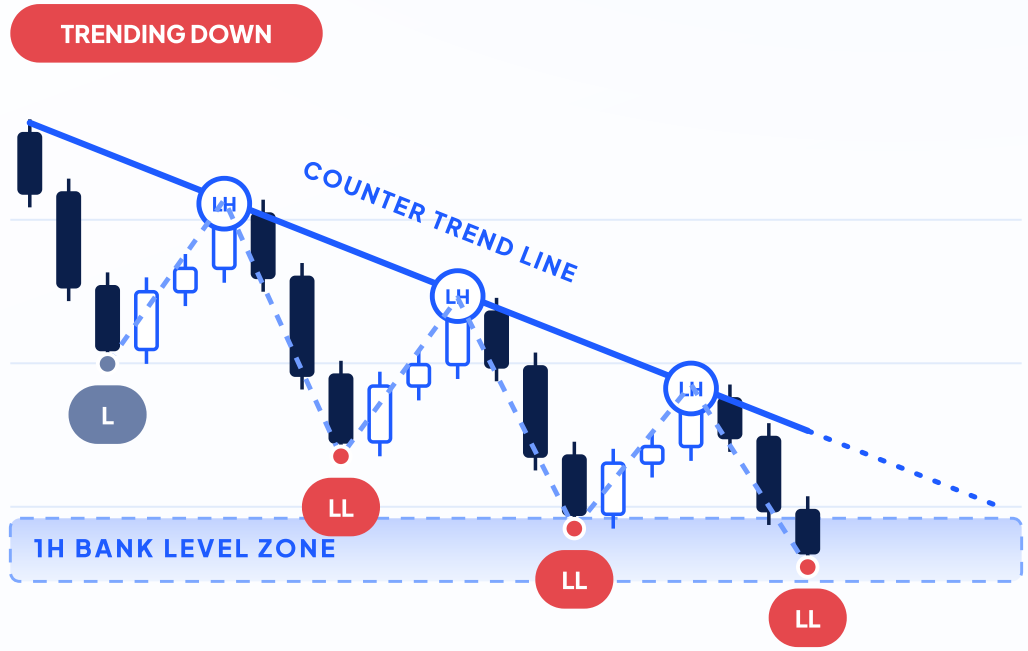
DRAW THE COUNTER TREND LINE

Drop to a lower time frame. The market trends into your zone with clear swings. Draw the line under the pullbacks. Every tap bounces, and the line ends inside the zone.

SELL SETUP — HIGHER HIGHS + HIGHER LOWS INTO THE ZONE



BUY SETUP (INVERTED) — LOWER HIGHS + LOWER LOWS INTO THE ZONE



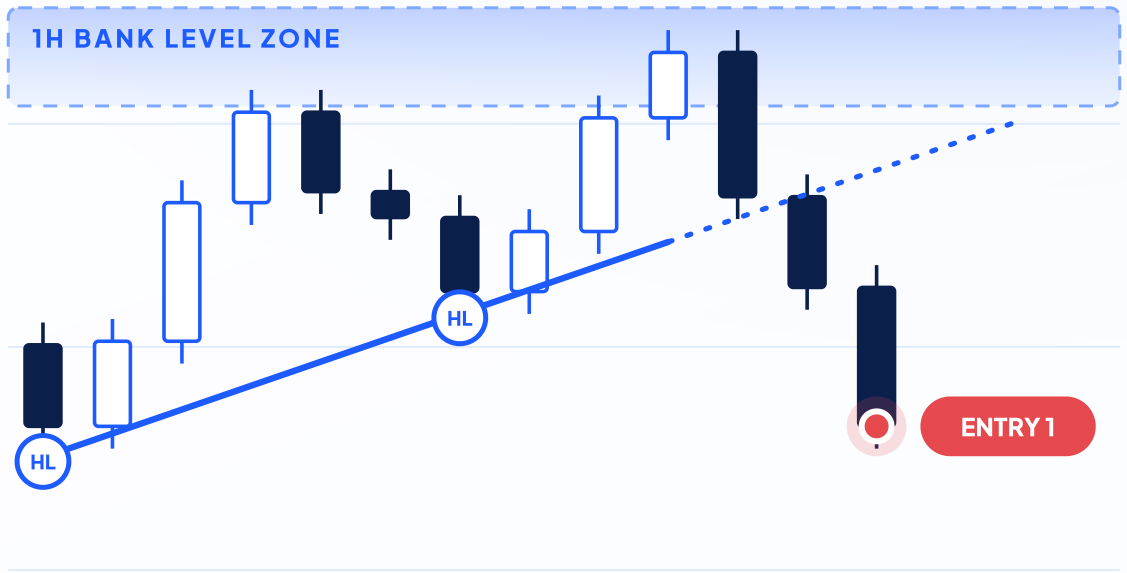
STEP 4 · ENTRY 1

THE BREAK

Price taps the zone, rejects, and a strong candle **closes well below** the counter trend line. That is the break. The close matters, not the wick.

- Strong candle body closes through the line
- That close is **ENTRY 1**
- Stop loss stays fixed

1m · 3m · 5m · 15m



Price taps the zone, then breaks the line

STEP 5 · ENTRY 2

THE RETEST

Sells form an **M**. Buys form a **W**. A strong break out of the counter trend line is the middle of the shape (Entry 1). The retest is the second leg (Entry 2).

SELLS · M FORMATION — BREAK, THEN RETEST

1m · 3m · 5m · 15m



BUYS · W FORMATION — BREAK, THEN RETEST

1m · 3m · 5m · 15m



BONUS · SNEAK PEEK

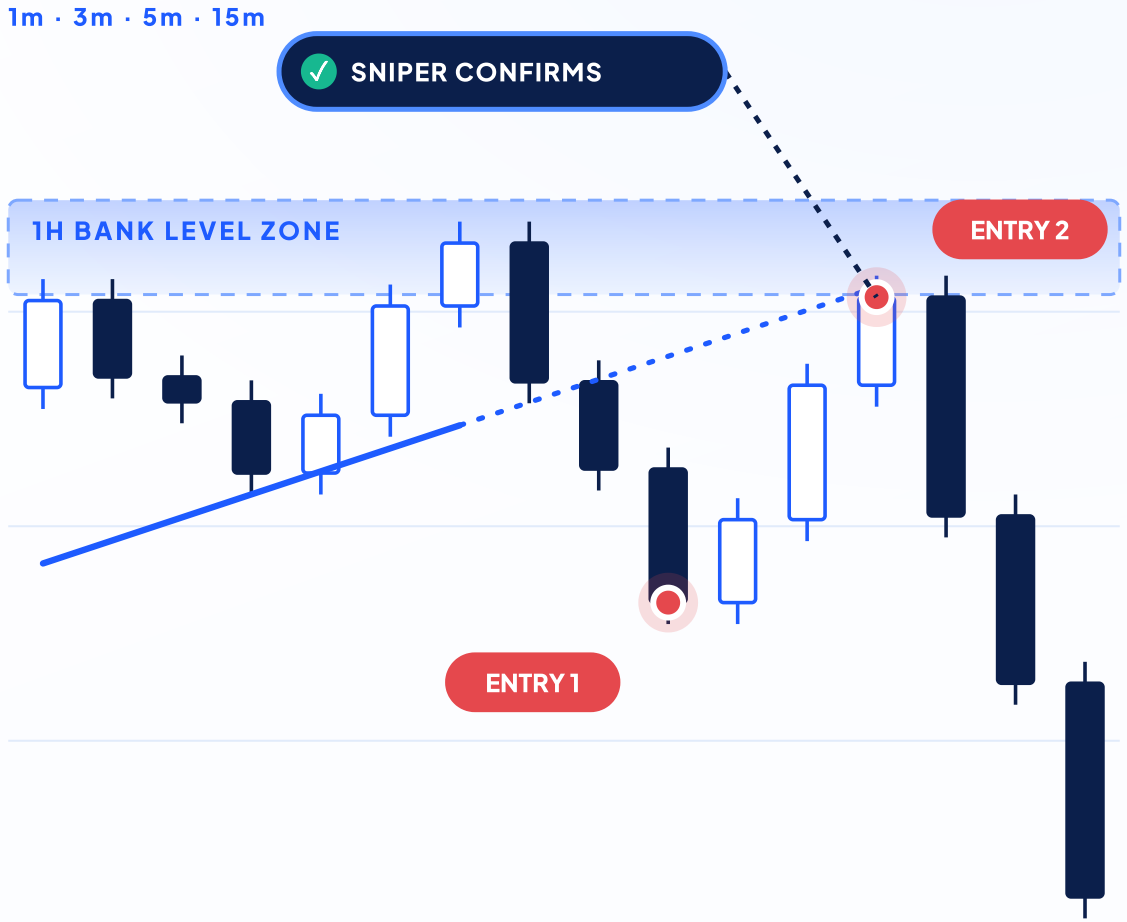
SNIPER CONFIRMS YOUR ENTRY

Sniper scores the setup you already see on the chart. When it lines up at Entry 2, you have a second set of eyes on it.

SNIPER — SCORECARD · SAMPLE

4H trend	**Downtrend** ✓
1H bank level	**Zone reached** ✓
Counter trend line	**4 taps** ✓
Line break	**Closed below** ✓
Retest	**M formation** ✓

SELL · CONFIRMED



CHECKLIST

BANK BREAK IN ONE GLANCE

SELL setup

- ✓ 4H: lower highs and lower lows
- ✓ 1H: bank level zone above price
- ✓ Counter trend line tapped again and again
- ✓ Strong close below the line: Entry 1
- ✓ M formation retest rejects: Entry 2

BUY setup (mirror it)

- ✓ 4H: higher highs and higher lows
- ✓ 1H: bank level zone below price
- ✓ Counter trend line tapped again and again
- ✓ Strong close above the line: Entry 1
- ✓ W formation retest holds: Entry 2

Educational content only. Not financial advice. Trading involves risk.